

Covid-19 and Allergies

Dear Parents,

Now that we have entered spring allergy season, it is important to remember allergy symptoms and Covid-19 symptoms overlap. With recent variant changes, a simple runny nose could in fact be much more.

If your child is known to have allergies, speak with your pediatrician regarding ways to minimize the symptoms. Proactive measures like daily allergy medication may help in this process. Other strategies to help control allergy symptoms include washing face and hands after outside play, especially around eyes and washing hair nightly before bed.

We ask that you keep your child home for any symptoms, even if you think it is allergies, and contact your school nurse for further guidance. We cannot accept an alternate diagnosis and cannot assume the symptoms are allergies without a negative covid test.

Please continue to mindfully complete the daily health screener as this will help to determine if your child or anyone else in the home is having covid compatible symptoms. Your cooperation is essential in helping us maintain our in-person learning environment and ensure our schools remain safe for all.