Dear Parent, Guardian:

Please find Attached, the Laurel Springs Lunch Menu, Free and Reduced Form, Breakfast and Lunch order information for the month of September. Breakfast and lunch are FREE to all students at this time. Breakfast and Lunch will be served in the classrooms to all students who **PREORDER** their meals. If you are interested in receiving the free meals, please fill out the forms attached and email me the information for the September 8, 9, and 10. For the rest of the month you can send the forms back in with your child. The Breakfast is a Kellogg Complete Meal which includes Milk. I still need the free and reduced forms completed by each family in case of change during the school year.

Thank you

Sharon Isard

856-783-1086 Ext 114

sisard@laurelspringschool.org



SEPTEMBER

Elem. Lunch Menu

Laurel Springs School

District

Veggie for the Day

Fresh or Cupped Fruit

DAILY ALTERNATES:

Peanutbutter Uncrustable

Choose 1 Entrée. Daily

Lunch Includes: Protein ~ Grain ~Fruit~ Veggie ~Milk

Your student will receive Entrée, Daily Fruit and Vegetable and choice of Milk

USDA through

June 30, 2022!!!

Veggie of the Day 100% Fruit Juice

No portion of Nutri-Serve's Menus may be reprinted or used in any form other than the use it

Dístric	t			
Monday	Tuesday	Wednesday	Thursday	Pilitay
CAFÉ CON	ITACT INFO:	Wednesday-September 1	Thursday-September 2	Friday-September 3
Food Service Directo abc@n Phone: 856-78 Milk: Skim White, Sk *Menu subj This institution is an eq	r: First And Last Name sfm.com 4-4441 ext 1160 im Chocolate, Lactaid. ect to change ual opportunity provider.	Due to Current Food Shortages Our Menus This Year are Subject to Change.	MITENTION!	FREE SCHOOL MEALS Breakfast & Lunch will be FREE for all students for the 2021-2022 School Year
Monday-September 6	Tuesday-September 7	Wednesday-September 8	Thursday-September 9	Friday-September 10
Happy, Labou Days	LAUREL STRINGS SCHOOL	Italian Hoagie Peanutbutter and Jelly Sandwich Sides: Veggie of the Day Fresh or Cupped Fruit	Ham and Cheese On Kaiser Roll Three Cheese Sandwich Sides: Veggie of the Day 100% Fruit Juice	Peperoni and Cheese Roll Turkey and Cheese Wrap Sides: Veggie of the Day Fresh or Cupped Fruit
Monday-September 13	Tuesday-September 14	Wednesday-September 15		Friday-September 17
Bagel Boat (Bagel Yogurt &Cheese Stix) American Hoagie Sides: Veggie of the Day Fresh or Cupped Fruit	Turkey and On a Kaiser Chicken Salad Sandwich Sides: Veggie of the Day 100% Fruit Juice	Ham and Cheese Wrap Tunafish Salad Sandwich Sides: Veggie of the Day Fresh or Cupped Fruit	Three Cheese Sandwich Asian Crispy Chicken Wrap Sides: Veggie of the Day 100% Fruit Juice	Pepperoni and Cheese Wrap Turkey Club Sandwich Sides: Veggie of the Day Fresh or Cupped Fruit
Monday-September 20	Tuesday-September 21	Wednesday September22	Thursday-September 23	Friday-September 24
Bagel Boat (Bagel Yogurt Cheese Stix.) American Hoagie Sides: Veggie of the Day. Fresh or Cupped Fruit	BBQ Crispy Chicken Three Cheese sandwich <u>Sides:</u> Veggie of the Day 100% Fruit Juice	Chicken Salad Sandwich Turkey and Cheese on Kaiser Sides: Veggie of the Day Fresh or Cupped Fruit	Chicken Caesar Wrap Ham and Cheese Wrap Sides: Veggie of the Day 100% Fruit Juice	Tunafish Salad Om Roll Peperoni and Cheese Wrap Sides: Veggie of the Day Fresh or Cupped Fruit
Monday-September 27	Tuesday-September 28	Wednesday-September 29	Thursday-September 30	
Bagel Boat (Bagel Yogurt Cheese Stix) American Hoagie Sides:	Chicken Caesar Wrap Turkey and Cheese Sandwich Sides: Veggie of the Day	Ham & Cheese on Kaiser Chickensalad on Roll Sides: Veggie of the Day	Chicken Ranch Wrap Ona Bun Turkey Club Sandwich Sides: Veggie of the Day	Meals are FULLY FUNDED by the USDA through

Veggie of the Day Fresh or Cupped Fruit

100% Fruit Juice

LAUREL SPRINGS SCHOOL **LUNCH MENU**

September 8th -10

MONDAY: #1 No School

#2



TUESDAY: #1 No Lunch Served - Half Day

WEDNESDAY: #1 Italian Hoagie

#2 Peanut Butter & Jelly Uncrustable

Milk, Veggie of the Day, Fresh or Cupped Fruit

THURSDAY: #1 Ham & Cheese on Kaiser Roll

#2 Three Cheese Sandwich

#3 Peanut Butter & Jelly Uncrustable Milk, Veggie of the Day, Fruit Juice

FRIDAY: #1 Peperoni and Cheese Roll

#2 Turkey and Cheese Wrap

#3 Peanut Butter & Jelly Uncrustable

Milk, Veggie of the Day, Fresh or Cupped Fruit

Please Note:

1 day

2 days 3 days

4 days

5 days

LUNCH ORDER FORM September 8-10

Lunch will be available on a daily basis but must be ordered a week in advance.

CHILD'S NAME ______ GRADE _____

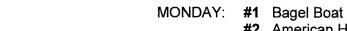
Breakfast



<u>WEDNESDAY</u> <u>THURSDAY</u> <u>FRIDAY</u>

LAUREL SPRINGS SCHOOL **LUNCH MENU**

September 13th - 17th



#2 American Hoagie

#3 Peanut Butter & Jelly Uncrustable

Milk, Veggie of the Day, Fresh or Cupped Fruit

TUESDAY: #1 Turkey on a Kaiser Roll

#2 Chicken Salad Sandwich

#3 Peanut Butter & Jelly Uncrustable Milk, Veggie of the Day, Fruit Juice

WEDNESDAY: #1 Ham & Cheese Wrap

#2 Tuna fish Salad Sandwich

#3 Peanut Butter & Jelly Uncrustable

Milk, Veggie of the Day, Fresh or Cupped Fruit

THURSDAY: #1 Three Cheese Sandwich

#2 Asian Crispy Chicken Wrap

#3 Peanut Butter & Jelly Uncrustable Milk, Veggie of the Day, Fruit Juice

FRIDAY: #1 Peperoni and Cheese Wrap

#2 Turkey Club Sandwich

#3 Peanut Butter & Jelly Uncrustable

Milk, Veggie of the Day, Fresh or Cupped Fruit



1 day	=	
2 days		
3 days	<u> </u>	
4 days	****	
5 days	=	

Please Note:

 	 	 	_	 	 	 	 _	 	 	 -	_	 									

LUNCH ORDER FORM September 13-17

Lunch will be available on a daily basis but must be ordered a week in advance.

CHILD'S NAME ______ GRADE

Breakfast M T W TH F (circle day)

> WEDNESDAY THURSDAY FRIDAY <u>MONDAY</u> TUESDAY 1 2 3 1 2 3 1 2 3 1 2 3

Order Form due on Wednesday September8th for the full month.

LAUREL SPRINGS SCHOOL LUNCH MENU

September 20th - 24th



MONDAY: #1 Bagel Boat

#2 American Hoagie

#3 Peanut Butter & Jelly Uncrustable

Milk, Veggie of the Day, Fresh or Cupped Fruit

TUESDAY: #1 BBQ Crispy Chicken

#2 Three Cheese Sandwich

#3 Peanut Butter & Jelly Uncrustable Milk, Veggie of the Day, Fruit Juice

WEDNESDAY: #1 Chicken Salad Sandwich

#2 Turkey and Cheese on a Kaiser#3 Peanut Butter & Jelly Uncrustable

Milk, Veggie of the Day, Fresh or Cupped Fruit

THURSDAY: #1 Chicken Caesar Wrap

#2 Ham and Cheese Wrap

#3 Peanut Butter & Jelly Uncrustable
Milk, Veggie of the Day, Fruit Juice

FRIDAY: #1 Tuna Fish Salad on a Roll

#2 Peperoni & Cheese Wrap

#3 Peanut Butter & Jelly Uncrustable

Milk, Veggie of the Day, Fresh or Cupped Fruit

Please Note:

1 day = 2 days = 3 days =

4 days =

5 days =

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LUNCH ORDER FORM September 20-24

Lunch will be available on a daily basis but must be ordered a week in advance.

CHILD'S NAME _____ GRADE _____

Breakfast M T W TH F (circle day)

 MONDAY
 TUESDAY
 WEDNESDAY
 THURSDAY
 FRIDAY

 1
 2
 3
 1
 2
 3
 1
 2
 3
 1
 2
 3

Order Form due on Wednesday September8th for the full month.

LAUREL SPRINGS SCHOOL **LUNCH MENU**

September 27th -30th



MONDAY: #1 Bagel Boat

#2 American Hoagie

#3 Peanut Butter & Jelly Uncrustable

Milk, Veggie of the Day, Fresh or Cupped Fruit

TUESDAY: #1 Chicken Caesar Wrap

#2 Turkey & Cheese Sandwich

#3 Peanut Butter & Jelly Uncrustable Milk, Veggie of the Day, Fruit Juice

WEDNESDAY: #1 Ham and Cheese on a Kaiser

#2 Chicken Salad on a Roll

#3 Peanut Butter & Jelly Uncrustable

#3 Peanut Butter & Jelly Uncrustable

Milk, Veggie of the Day, Fresh or Cupped Fruit

THURSDAY:

FRIDAY:

#1 Chicken Ranch Wrap

#2 Turkey Club Sandwich

Please Note: 1 day

Milk, Veggie of the Day, Fruit Juice

2 days 3 days

#1 #2

4 days

5 days

#3

LUNCH ORDER FORM September 27-30

Lunch will be available on a daily basis but must be ordered a week in advance.

CHILD'S NAME ______ GRADE

Breakfast

M T W TH X(circle day)

<u>MONDAY</u>

TUESDAY WEDNESDAY

2 3 1 2 3 1 2 3 1 2



Order Form due on Wednesday September8th for the full month.



Dear Parent/Guardian:

Children need healthy meals to learn. The LAUREL SPRINGS BD OF ED offers healthy meals through the NATIONAL SCHOOL LUNCH PROGRAM, SCHOOL BREAKFAST PROGRAM at NO COST to all children enrolled. In order for this school to receive all the Federal and State meal/milk reimbursement to which it is entitled, the attached application must be completed, signed and returned to the school as soon as possible. Please complete all the required sections on the form. The school cannot process an application that does not contain the required information.

This packet includes an application for free or reduced price meal benefits, and a set of detailed instructions. Below are some common questions and answers to help you with the application process.

1. WHO CAN GET FREE OR REDUCED PRICE MEALS?

- · All children in households receiving benefits from NJ **SNAP or NJ TANF** are eligible for free meals.
- · Foster children that are under the legal responsibility of a foster care agency or court are eligible for free meals.
- · Children participating in their school's Head Start program are eligible for free meals.
- · Children who meet the definition of homeless, runaway, or migrant are eligible for free meals.
- · Children may receive free or reduced price meals if your household's income is within the limits on the Federal Income Eligibility Guidelines
- . Your children may qualify for free or reduced price meals if your household income falls at or below the limits on this chart

	FEDERAL INCOM For school Year		
Household Size	Yearly	Monthly	Weekly
1	23,828	1,986	459
2	32, 227	2,686	620
3	40,626	3,386	782
4	49, 025	4,086	943
5	57,424	4,786	1,105
6	65,823	5,486	1,266
7	74,222	6,186	1,428
8	82,621	6,886	1,589
For each additional person, add:	+8,399	+700	+162

- 2. HOW DO I KNOW IF MY CHILDREN QUALIFY AS HOMELESS, MIGRANT, OR RUNAWAY? Do the members o your household lack a permanent address? Are you staying together in a shelter, hotel, or other temporary housing arrangement? Does your family relocate on a seasonal basis? Are any children living with you who have chosen to leave their prior family or household? If you believe children in your household meet these descriptions and haven't been told your children will get free meals, please call or e-mail your school, homeless liaison or migrant coordinator.
- 3. DO I NEED TO FILL OUT AN APPLICATION FOR EACH CHILD? No. Use one Free and Reduced Price School Meals Application for all students in your household. We cannot approve an application that is not complete, so be sure to fill out all required information. Return the completed application to one of your children's schools.
- 4. SHOULD I FILL OUT AN APPLICATION IF I RECEIVED A LETTER THIS SCHOOL YEAR SAYING MY CHILDREI ARE ALREADY APPROVED FOR FREE MEALS? No, but please read the letter you got carefully and follow the instructions. If any children in your household were missing from your eligibility notification, contact your school immediately.
- 5. CAN I APPLY ONLINE? If available, you are encouraged to complete an online application instead of a paper application. The online application has the same requirements and will ask you for the same information as the paper application. Contact your school if you have any questions about the online application.
- 6. MY CHILD'S APPLICATION WAS APPROVED LAST YEAR. DO I NEED TO FILL OUT A NEW ONE? Yes. Your child's application is only good for that school year and for the first few days of this school year. You must send in a new application unless the school told you that your child is eligible for the new school year.
- 7. I GET WIC. CAN MY CHILDREN GET FREE MEALS? Children in households participating in WIC <u>may</u> be eligible for free or reduced price meals. Please send in an application.
- 8. WILL THE INFORMATION I GIVE BE CHECKED? Yes. We may also ask you to send written proof of the household income you report.
- 9. IF I DON'T QUALIFY NOW, MAY I APPLY LATER? Yes, you may apply at any time during the school year. For example, children with a parent or guardian who becomes unemployed may become eligible for free and reduced price meals if the household income drops below the income limit.
- 10. WHAT IF I DISAGREE WITH THE SCHOOL'S DECISION ABOUT MY APPLICATION? You should talk to scho officials. You also may ask for a hearing by calling or writing to:

Hearing Officer Name: Ryan Mahlman Address: 500 W. Stafford Avenue

Phone Number: (571)241-9470 Ext: <u>111</u>

- 11. MAY I APPLY IF SOMEONE IN MY HOUSEHOLD IS NOT A U.S. CITIZEN? Yes. You, your children, or other household members do not have to be U.S. citizens to apply for free or reduced price meals.
- 12. WHAT IF MY INCOME IS NOT ALWAYS THE SAME? List the amount that you <u>normally</u> receive. For example, if you normally make \$1000 each month, but you missed some work last month and only ma \$900, put down that you made \$1000 per month. If you normally get overtime, include it, but do not include it if you only work overtime sometimes. If you have lost a job or had your hours or wages reduced, use your current income.
- 13. WHAT IF SOME HOUSEHOLD MEMBERS HAVE NO INCOME TO REPORT? Household members may not receive some types of income we ask you to report on the application, or may not receive income at all. Whenever this happens, please write a 0 in the field. However, if any income fields are left empty c blank, those will also be counted as zeroes. Please be careful when leaving income fields blank, as we will assume you meant to do so.
- 14. WE ARE IN THE MILITARY. DO WE REPORT OUR INCOME DIFFERENTLY? Your basic pay and cash bonuses must be reported as income. If you get any cash value allowances for off-base housing, food, or clothing, or receive Family Subsistence Supplemental Allowance payments, it must also be included as income. However, if your housing is part of the Military Housing Privatization Initiative, do not include your housing allowance as income. Any additional combat pay resulting from deployment is also excluded from income.
- 15. WHAT IF THERE ISN'T ENOUGH SPACE ON THE APPLICATION FOR MY FAMILY? List any additional household members on a separate piece of paper, and attach it to your application.
- 16. MY FAMILY NEEDS HELP. ARE THERE ANY PROGRAMS WE MIGHT APPLY FOR?To find out how to apply f NJ SNAP or other assistance benefits, contact your local assistance office, call 1-800-687-9512 or go to https://oneapp.dhs.state.nj.us/default.aspx. You can also contact NJ FamilyCare or Medicaid at 1-800-701-0710 or www.njfamilycare.org for information regarding health insurance for your family. For the WIC Program, call 1-800-328-3838 or go to www.nj.gov/health/fhs/wic.

call (856)783-1086 Ext:114
Sincerely,
Signature:
Name: Sharon Isard

If you have other questions or need help,

Title: Lunch Coordinator

Application #:

2021-2022 Application for Free and Reduced Price School Meals

Complete one application per household. Please type or use a pen (not a pencil).

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	The distance of the most swift and standard the many swifted and swifted and the most swifted the most swift	

Available online at:

Migrant Worker,

this school district?

Student attends

Write only one case number in this space. for each source in whole dollars (no cents) only. If they do not receive income from any source, write 0'. If you enter 10' or leave any fields blank, you are certifying (promising) that there is no income to report. o certify (promise) that all information on this application is true and that all income is reported, I understand that this information is given in connection with the receipt of Federal funds, and that school officials may verify (check) the information. I am aware that if I purposely give List all Household Members not listed in STEP 1 (Including yourself) even if they do not receive income. For each Household Member listed, if they do receive income, report total gross income (before taxes) No How often? SEX. Do any Household Members (including you) currently participate in one or more of the following assistance programs: SNAP, TANF, or FDPIR? ions/Retirement/ Bi-Weekly 2x Month | Monthly All Other Income Check if no SSN Daytime Phone and Email (optional) Grade Case Number: How often? School Name (Abbr.) Weekly If you answered YES > Write a case number here then go to STEP 4 (Do not complete STEP 3) Foday's date 2x Month How often? Child income Bi-Weekly Weekh [press spacebar to advance] × 4 × Public Assistanca/ Child Support/Alimony Report Income for ALL Household Members (Skip this stap if you answered "Yes" to STEP 2) × × Sometimes children in the household earn or receive income. Please include the TOTAL income received by all 67 Primary Wage Earner or Other Adult Household Member Last Four Digits of Social Security Number (SSN) of 2x Month Child's Last Name How often? Mail Completed Form To: Bi-Weekly false information, my children may lose meal benefits, and I may be prosecuted under applicable State and Federal laws." Signature of adult Earnings from Work 乭 B. All Adult Household Members (including yourself) 43 w G 49 Contact information and adults gnature. Name of Adult Household Members (First and Last) If you answered NO > Complete STEP 3. Household Members listed in STEP 1 here. Apt# Total Household Members (Children and Adults) Child's First Name A. Child Income Printed name of adult signing the form children who meet the definition of Homeless, Migrant or Runaway are eligible for free meals. Read living with you and shares income and expenses, even if not related." Children in Foster care and How to Apply for Free and Reduced Price School Meals for more information. Street Address (if available) for Adults" chart will help you with the All Adult Household Members section. Flip the page and review the charts titled "Sources of Income" for more Member: "Anyone who is The "Sources of Income for Children" chart will help you with the Child Income section. Definition of Household Are you unsure what income to include here? The "Sources of Income STEP 2 STEP 4 STEP3 information.

Sources of Income INSTRUCTIONS

	Earni	- Salary, we bonuses		Basic paya (do NOT inclu	FSSA or priva allowances) - Allowances housing, food
Sources of Income for Children	Example(s)	- A child has a regular full or part-time job where they earn a salary or wages	 - A child is blind or disabled and receives Social Security benefits - A Parent is disabled, retired, or deceased, and their child receives Social Security benefits 	- A friend or extended family member regularly gives a child spending money	- A child receives regular income from a private pension fund, annuity, or trust
Sources of Inc	Sources of Child Income	- Earnings from work	 Social Security Disability Payments Survivor's Benefits 	-Income from person outside the household	-income from any other source

School	Sources of Income for Adults	JTS
Earnings from Work	Public Assistance / Alimony / Child Support	Pensions / Retirement / All Other Income
- Salary, wages, cash bonuses - Net income from self-employment (farm or business) If you are in the U.S. Military: - Basic pay and cash bonuses (do NOT include combat pay, FSSA or privatized housing allowances) - Allowances for off-base housing, food and dothing	Unemployment benefits Worker's compensation Supplemental Security Income (SSI) Cash assistance from State or local government Alimony payments Child support payments Veteran's benefits Strike benefits	Social Security (including railroad retirement and black lung benefits) Private pensions or disability benefits Regular income from trusts or estates Annutiles Investment income Earned interest Regular cash payments Regular cash payments from outside household

Children's Racial and Ethnic Identities

We are required to ask for information about your children's race and ethnicity. This information is important and helps to make sure we are fully serving our community. Responding to this section is optional and does not affect your children's eligibility for free or reduced price meals.

Black or African American Asian Not Hispanic or Latino American Indian or Alaskan Native Hispanic or Latino Race (check one or more): Ethnicity (check one):

(FDPIR) case number or other FDPIR identifier for your child or when you indicate that the adult household determine if your child is eligible for free or reduced price meals, and for administration and enforcement of The Richard B. Russell National School Lunch Act requires the information on this application. You do not have to give the information, but if you do not, we cannot approve your child for free or reduced price meals. You must include the last four digits of the social security number of the adult household member who the funch and breakfast programs. We MAY share your eligibility information with education, health, and member signing the application does not have a social security number. We will use your information to signs the application. The last four digits of the social security number is not required when you apply on Assistance for Needy Families (TANF) Program or Food Distribution Program on Indian Reservations nutrition programs to help them evaluate, fund, or determine benefits for their programs, auditors for behalf of a foster child or you list a Supplemental Nutrition Assistance Program (SNAP), Temporary program reviews, and law enforcement officials to help them look into violations of program rules. In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retallation for prior civil rights activity in any program or activity conducted or and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or funded by USDA.

large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made Persons with disabilities who require alternative means of communication for program information (e.g. Braille, available in languages other than English.

White

| Native Hawaiian or Other Pacific Islander

form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the

Office of the Assistant Secretary for Civil Rights mail civil rights complaints only to: U.S. Department of Agriculture

Washington, D.C. 20250-9410

(202) 690-7442; or

fax:

program.intake@usda.gov. This institution is an equal opportunity provider. email:

Do not fill out For School Use Only

Annual Income Conversion: Weakly v 52 Eveny 2 Weaks v 26 Twice a Month v 24 Monthly v 12

Total Income Weeky BitWeeky 2x Month Monthy Annual Household Size		Eligibility.	
Date Confirming Official's Signature		Free Reduced Denied	
Date	Categorical Eligibility		
	Date Verifyin	Verifying Official's Signature	Date

SHARING INFORMATION WITH MEDICAID or NJ FAMILYCARE

Dear Parent/Guardian:

If your children get free or reduced price school meals, they may also be able to get free or low-cost health insurance through Medicaid or NJ FamilyCare. Children with health insurance are more likely to get regular health care and are less likely to miss school because of sickness.

Because health insurance is so important to children's well-being, the law allows us to tell Medicaid and NJ FamilyCare that your children are eligible for free or reduced price meals, unless you tell us not to. Medicaid and NJ FamilyCare only use the information to identify children who may be eligible for their programs. Program officials may contact you to offer to enroll your children. Filling out the Free and Reduced Price School Meals Application does not automatically enroll your children in health insurance.

If you do not want us to share your information with Medicaid or NJ FamilyCare, fill out the form below and send in (Sending in this form will not change whether your children get free or reduced price meals).

No! I DO NOT want information from my Free and Reduced Price

	School Meals Application shared with Medicaid or the State Children's Health Insurance Program (NJ FamilyCare)										
If you checked no, fill out the fo information is NOT shared for th											
Child's Name:	School:										
Child's Name:	School:										
Child's Name:	School:										
Child's Name:	School:										
Signature of Parent/Guardian:	Date:										
Printed Name:	_Address:										

Return this form to your child's school, ONLY if you do NOT wish your information to be shared with Medicaid or NJ FamilyCare.