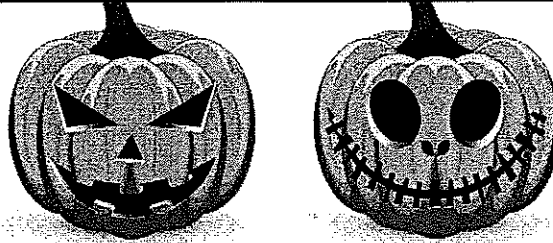


**OCTOBER**

**Lunch Menu**

Laurel Springs

**ATTENTION!** **FREE SCHOOL MEALS**  
Breakfast & Lunch will be FREE for all students for the 2021-2022 School Year.



**Choose 1 Entrée Daily**  
Lunch Includes: Protein ~ Grain  
~Fruit~ Veggie ~Milk

You student will receive Entrée, Daily Fruit and Vegetable and a Milk.

Click here to view your lunch account:  
[www.schoolpaymentportal.com](http://www.schoolpaymentportal.com)

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>CAFÉ CONTACT INFO:</b> Food Service Director: Emily DiAngelo Oak@nsfm.com Phone: 856-7844441 ext 1160 <b>Milk:</b> 1% White *Menu subject to change This institution is an equal opportunity provider.</p>			<p><b>Due to Supply Chain Issues this menu may change daily</b></p>	
<b>Monday-October 4</b>	<b>Tuesday-October 5</b>	<b>Wednesday-October 6</b>	<b>Thursday-October 7</b>	<b>Friday-October 8</b>
<p><b>Italian Hoagie</b> Bagel Meal w/ Cream Cheese Ham &amp; Cheese Sandwich <u>Sides:</u> Veggie of the Day Fresh or Cupped Fruit</p>	<p><b>3- Cheese Sandwich</b> Bagel Meal w/ Cream Cheese Chicken Salad on Roll <u>Sides:</u> Veggie of the Day 100% Fruit Juice</p>	<p><b>Hot Ham &amp; Cheese</b> Bagel Meal w/ Cream Cheese Turkey Club Sand. <u>Sides:</u> Veggie of the Day Fresh or Cupped Fruit</p>	<p><b>Cheese Steak</b> On a Torpedo Roll Bagel Meal w/ Cream Cheese Three Cheese Sandwich <u>Sides:</u> Veggie of the Day 100% Fruit Juice</p>	<p><b>Turkey Club Sand.</b> Bagel Meal w/ Cream Cheese American Hoagie / Torpedo Roll <u>Sides:</u> Veggie of the Day Fresh or Cupped Fruit</p>
<b>Monday-October 11</b>	<b>Tuesday-October 12</b>	<b>Wednesday-October 13</b>	<b>Thursday-October 14</b>	<b>Friday-October 15</b>
<p><b>SCHOOL CLOSED COLUMBUS DAY</b></p>	<p><b>Italian Hoagie</b> Bagel Meal w/ Cream Cheese Ham and Cheese on Roll <u>Sides:</u> Veggie of the Day 100% Fruit Juice</p>	<p><b>Chicken Salad Sandwich</b> Bagel Meal w/ Cream Cheese Turkey Club Sand. <u>Sides:</u> Veggie of the Day Fresh or Cupped Fruit</p>	<p><b>Ham and Cheese on Kaiser</b> Bagel Meal w/ Cream Cheese Chicken Ranch Wrap <u>Sides:</u> Veggie of the Day 100% Fruit Juice</p>	<p><b>Peperoni Chez / Roll</b> Bagel Meal w/ Cream Cheese American Hoagie / Torpedo Roll <u>Sides:</u> Veggie of the Day Fresh or Cupped Fruit</p>
<b>Monday-October 18</b>	<b>Tuesday-October 19</b>	<b>Wednesday-October 20</b>	<b>Thursday-October 21</b>	<b>Friday-October 22</b>
<p><b>Italian Hoagie w/ Goldfish Crackers</b> Bagel Meal w/ Cream Cheese Ham &amp; Cheese Sandwich <u>Sides:</u> Veggie of the Day Fresh or Cupped Fruit</p>	<p><b>Peperoni/Cheese on Roll</b> Bagel Meal w/ Cream Cheese Turkey and Cheese Wrap <u>Sides:</u> Veggie of the Day 100% Fruit Juice</p>	<p><b>Three Cheese Sand.</b> Bagel Meal w/ Cream Cheese Tuna Wrap <u>Sides:</u> Veggie of the Day Fresh or Cupped Fruit</p>	<p><b>Chicken Ranch Wrap</b> Bagel Meal w/ Cream Cheese Ham and Cheese / Kaiser <u>Sides:</u> Veggie of the Day 100% Fruit Juice</p>	<p>No Lunch Served</p>
<b>Monday-October 25</b>	<b>Tuesday-October 26</b>	<b>Wednesday-October 27</b>	<b>Thursday-October 28</b>	<b>Friday-October 29</b>
<p><b>Italian Hoagie</b> Bagel Meal w/ Cream Cheese Ham &amp; Cheese Sandwich <u>Sides:</u> Veggie of the Day Fresh or Cupped Fruit</p>	<p><b>Chicken Salad on Roll</b> Bagel Meal w/ Cream Cheese Turkey and Cheese Sand. <u>Sides:</u> Veggie of the Day 100% Fruit Juice</p>	<p><b>Peperoni &amp; Cheese</b> On a Roll Bagel Meal w/ Cream Cheese Tuna Wrap <u>Sides:</u> Veggie of the Day Fresh or Cupped Fruit</p>	<p><b>Italian Hoagie</b> Bagel Meal w/ Cream Cheese Three Cheese Sandwich <u>Sides:</u> Veggie of the Day 100% Fruit Juice</p>	<p><b>Ham &amp; Cheese Wrap</b> Bagel Meal w/ Cream Cheese America Hoagie / Torpedo Roll <u>Sides:</u> Veggie of the Day Fresh Fruit</p>