




September 2023

Elementary Lunch

Laurel Springs School District

DAILY ALTERNATES:
 1. Cereal Bag (Yogurt, Cheese Sticks, Crackers)
FRUIT: Fresh, Cupped & 100% Fruit Juice
MILK: Skim White, Skim Chocolate, Skim Strawberry, 1% White, Lactaid

Monday	Tuesday	Wednesday	Thursday	Friday
<p>CAFÉ CONTACT INFO:</p> <p>Emily DiAngelo Food Service Director ecr@nsfm.com Phone: 856-784-4441 ext 1160 *Menu subject to change</p>		<p>Lunch Includes: Protein Grain Fruit Veggie Milk <i>Your Student will Receive;</i> 1 Entrée 1-2 Fruit Choices 1-2 Vegetable Choices 1 Milk Choice</p>		
4	5	6	7	8
				
11	12	13	14	15
	<p>Chicken Patty On Bun Ham and Cheese Wrap <u>Sides:</u> Corn/ Cucumber Slices Fruit and 100% Fruit Juice Milk Choice</p>	<p>Pancakes w/ Syrup w/ Sausage American Hoagie <u>Sides:</u> Diced Potato/ Baby Carrots Fresh /Cupped Fruit Milk Choice</p>	<p>Chicken Tenders w/ Goldfish Crackers Italian Hoagie <u>Sides:</u> Celery/ Mixed Vegetables Fruit and 100% Fruit Juice Milk Choice</p>	<p>Grilled Cheese Sandwich Turkey Club Sand. <u>Sides:</u> Broccoli Bites/Carrots Fresh / Cupped Fruit Milk Choice</p>
18	19	20	21	22
<p>Mozzarella Sticks Roll/Dipping Sc. Turkey and Cheese Hoagie <u>Sides:</u> Greanbeans/ Baby Carrots Fresh /Cupped Fruit Milk Choice</p>	<p>Popcorn Chicken w/ Goldfish Crackers Ham and Cheese Wrap <u>Sides:</u> Baked Beans/ Baby Carrots Fruit and 100% Fruit Juice Milk Choice</p>	<p>Hot Ham and Cheese On Roll American Hoagie <u>Sides:</u> Broccoli Bites/ Cucumbers Fresh/ Cupped Fruit Milk Choice</p>	<p>French Toast w/ Syrup/ Egg Patty Italian Hoagie <u>Sides:</u> Celery/ Diced Potatoes Fruit and 100% Fruit Juice Milk Choice</p>	<p>Mac and Cheese And Fish Sticks Turkey Club Sand. <u>Sides:</u> Baby Carrots/ Broccoli Fresh/ Cupped Fruit Milk Choice</p>
25	26	27	28	29
<p>Chicken Nuggets Gold Fish Crackers Turkey and Cheese Hoagie <u>Sides:</u> Broccoli Bites/Celery Sticks Fresh/Cupped Fruit Milk Choice</p>	<p>Cheeseburger w/ Fries Ham and Cheese Wrap <u>Sides:</u> Baked Beans Fruit and 100%Fuit Juice Milk Choice</p>	<p>Cheesesteak On Torpedo Roll American Hoagie <u>Sides:</u> Corn/ Celery Sticks Fruit of the Day Milk Choice</p>	<p>Meatball Parm On Torpedo Roll Italian Hoagie <u>Sides:</u> Baby Carrots/Greenbeans Fruit & 100% Fruit Juice Mil Choice</p>	<p>French Bread Pizza By the Slice Turkey Club <u>Sides:</u> Cucumber/ Mixed Veggies Fresh/ Cupped Fruit Milk Choice</p>

September 2023

Breakfast

Laurel Springs School District



Breakfast Includes:

1. Grain
2. 2nd Grain or protein
3. Fruit
4. Milk

Monday	Tuesday	Wednesday	Thursday	Friday
<p>CAFÉ CONTACT INFO:</p> <p>Emily DiAngelo ecr@nsfm.com Phone: 856-784-4441 ext 1160 *Menu subject to change</p>				
4	5	6	7	8
11	12	13	14	15
	<p>Apple Bites <u>Sides:</u> Fresh/ Cupped Fruit Milk Choice</p>	<p>Breakfast Bar w/ Cheese Stick <u>Sides:</u> Fresh / Cupped Fruit Milk Choice</p>	<p>Blueberry Muffin <u>Sides:</u> Fresh / Cupped Fruit Milk Choice</p>	<p>Cinnamon Roll <u>Sides:</u> Fruit & 100% Fruit Jc. Milk Choice</p>
18	19	20	21	22
<p>Chocolate Chip Muffin <u>Sides:</u> Fresh & Cupped Fruit Milk Choice</p>	<p>Apple Bites <u>Sides:</u> Fresh/ Cupped Fruit Milk Choice</p>	<p>Breakfast Bar w/ Cheese Stick <u>Sides:</u> Fresh/ Cupped Fruit Milk Choice</p>	<p>Blueberry Muffin <u>Sides:</u> Fresh / Cupped Fruit Milk Choice</p>	<p>Cinnamon Roll <u>Sides:</u> Fruit & 100% Fruit Jc. Milk Choice</p>
25	26	27	28	29
<p>Chocolate Chip Muffin <u>Sides:</u> Fresh/ Cupped Fruit Milk Choice</p>	<p>Apple Bites <u>Sides:</u> Fresh & Cupped Fruit Milk Choice</p>	<p>Breakfast Bar w/ Cheese Stick <u>Sides:</u> Fresh / Cupped Fruit Milk Choice</p>	<p>Blueberry Muffin <u>Sides:</u> Fresh / Cupped Fruit Milk Choice</p>	<p>Cinnamon Roll <u>Sides:</u> Fruit & 100 % Fruit Jc. Milk Choice</p>



A lunch credit will be issued if the lunch is canceled no later than 8:30 am on the morning of an absence. Please call the 783-1086 X114 to cancel. Parents are responsible for checking backpacks for credit slips.

LAUREL SPRINGS SCHOOL
LUNCH MENU

September 12th – 15th



MONDAY: #1 No Lunch Served
#2
#3

TUESDAY: #1 Chicken Patty
#2 Ham & Cheese Wrap
#3 Cereal, Goldfish, Yogurt, & Cheese
Sides – Cucumber Slices/Corn, Fruit, Milk

WEDNESDAY: #1 Pancakes
#2 American Hoagie
#3 Cereal, Goldfish, Yogurt, & Cheese
Sides – Diced Potatoes/Baby Carrots, Fruit, Milk

THURSDAY: #1 Chicken Tenders
#2 Italian Hoagie
#3 Cereal, Goldfish, Yogurt, & Cheese
Sides – Mixed Veggies/Celery, Fruit, Milk

FRIDAY: #1 Grilled Cheese
#2 Turkey Club Sandwich
#3 Cereal, Goldfish, Yogurt, & Cheese
Sides – Broccoli Bites/Carrots, Fruit, Milk

Please Note:

1 day = \$3.20
2 days = \$6.40
3 days = \$9.60
4 days = \$12.80
5 days = \$16.00

LUNCH ORDER FORM – September 12th – 15th

Lunch will be available on a daily basis but must be ordered a week in advance. Please enclose **\$3.20 for each day for Lunch** in an envelope and circle choice for each day.

CHILD'S NAME _____ GRADE _____

Lunch Total \$ _____ Milk Only .60/day \$ _____ ~~X~~ T W TH F

Breakfast \$2.00/day \$ _____ ~~X~~ T W TH F (circle day)

~~MONDAY~~
~~1 2 3~~

TUESDAY
1 2 3

WEDNESDAY
1 2 3

THURSDAY
1 2 3

FRIDAY
1 2 3

Money and Order Form due on Friday September 8th. Make checks payable to Laurel Springs School.

A lunch credit will be issued if the lunch is canceled no later than 8:30 am on the morning of an absence. Please call the 783-1086 X114 to cancel. Parents are responsible for checking backpacks for credit slips.

LAUREL SPRINGS SCHOOL
LUNCH MENU

September 18th - 22nd



MONDAY: #1 Mozzarella Sticks
#2 Turkey & Cheese Hoagie
#3 Cereal, Goldfish, Yogurt, & Cheese
Sides – Greenbeans/Baby Carrots, Fruit, Milk

TUESDAY: #1 Popcorn Chicken
#2 Ham & Cheese Wrap
#3 Cereal, Goldfish, Yogurt, & Cheese
Sides – Baked Beans/Baby Carrots, Fruit, Milk

WEDNESDAY: #1 Hot Ham and Cheese
#2 American Hoagie
#3 Cereal, Goldfish, Yogurt, & Cheese
Sides – Broccoli Bites/Cucumbers, Fruit, Milk

THURSDAY: #1 French Toast
#2 Italian Hoagie
#3 Cereal, Goldfish, Yogurt, & Cheese
Sides – Celery /Diced Potatoes, Fruit, Milk

FRIDAY: #1 Mac & Cheese
#2 Turkey Club Sandwich
#3 Cereal, Goldfish, Yogurt, & Cheese
Sides – Baby Carrots/Broccoli, Fruit, Milk

Please Note:

1 day = \$3.20
2 days = \$6.40
3 days = \$9.60
4 days = \$12.80
5 days = \$16.00

LUNCH ORDER FORM – September 18th - 22nd

Lunch will be available on a daily basis but must be ordered a week in advance. Please enclose **\$3.20 for each day for Lunch** in an envelope and circle choice for each day.

CHILD'S NAME _____ GRADE _____

Lunch Total \$ _____ Milk Only .60/day \$ _____ M T W TH F

Breakfast \$2.00/day \$ _____ M T W TH F (circle day)

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1 2 3

1 2 3

1 2 3

1 2 3

1 2 3

Money and Order Form **due on Wednesday, September 13th**. Make checks payable to Laurel Springs School.

A lunch credit will be issued if the lunch is canceled no later than 8:30 am on the morning of an absence. Please call the 783-1086 X114 to cancel. Parents are responsible for checking backpacks for credit slips.

LAUREL SPRINGS SCHOOL
LUNCH MENU

September 25th – 29th



MONDAY: #1 Chicken Nuggets
#2 Turkey and Cheese Hoagie
#3 Cereal, Goldfish, Yogurt, & Cheese
Sides – Broccoli Bites/Celery, Fruit, Milk

TUESDAY: #1 Cheeseburgers with Fries
#2 Ham and Cheese Wrap
#3 Cereal, Goldfish, Yogurt, & Cheese
Sides – Baked Beans/Baby Carrots, Fruit, Milk

WEDNESDAY: #1 Cheesesteak
#2 American Hoagie
#3 Cereal, Goldfish, Yogurt, & Cheese
Sides – Corn/Celery Sticks, Fruit, Milk

THURSDAY: #1 Meatball Parm.
#2 Italian Hoagie
#3 Cereal, Goldfish, Yogurt, & Cheese
Sides – Baby Carrots/Greenbeans, Fruit, Milk

FRIDAY: #1 French Bread Pizza
#2 Turkey Club Sandwich
#3 Cereal, Goldfish, Yogurt, & Cheese
Sides –

Please Note:

1 day = \$3.20
2 days = \$6.40
3 days = \$9.60
4 days = \$12.80
5 days = \$16.00

LUNCH ORDER FORM – September 25th – 29th

Lunch will be available on a daily basis but must be ordered a week in advance. Please enclose **\$3.20 for each day for Lunch** in an envelope and circle choice for each day.

CHILD'S NAME _____ GRADE _____

Lunch Total \$ _____ Milk Only .60/day \$ _____ M T W TH F

Breakfast \$2.00/day \$ _____ M T W TH F (circle day)

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1 2 3

1 2 3

1 2 3

1 2 3

1 2 3

Money and Order Form due on Wednesday, September 20th, Make checks payable to Laurel Springs School.