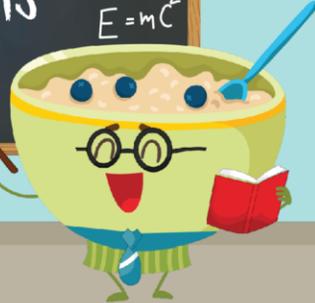


March 2026 Breakfast



**Meet Your Nutritious Friend:
Mr. Oatis**

Monday	Tuesday	Wednesday	Thursday	Friday
Golden Graham Cereal Bar				
2 Assorted PopTarts w/ Graham Crackers Apple Filled Pastry	3 Chocolate Chip Muffin	4 Cereal Bar Cinnamon Toast Crunch	5 Chocolate Covered Donuts	6 Chocolate Chip Oatmeal Bar
9 Bagel w/ Cream Cheese	10 Chocolate Chip Muffin	11 Apple Bites Donut Holes	12 Chocolate Covered Donuts	13 Golden Graham Cereal Bar
16 Apple Strudel Apple Filled Pastry	17 Chocolate Chip Muffin	18 Cereal Bar Cinnamon Toast Crunch	19 Chocolate Covered Donuts	20 Chocolate Chip Oatmeal Bar
23 Bagel w/ Cream Cheese	24 Chocolate Chip Muffin	25 Apple Bites Donut Holes	26 Chocolate Covered Donuts	27 Golden Graham Cereal Bar
30 Apple Strudel Apple Filled Pastry	31 Chocolate Chip Muffin	Cute & Lucky!	World Down Syndrome Day	Luck of the Irish

What is a Meal?

Students must choose at least 3 of the 4 components available for the school breakfast price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Fruit or Vegetable
- Choice of Milk

A minimum 1/2 cup serving of fruit or vegetable must accompany a reimbursable breakfast.

Whole Grain Cereals (served with graham crackers)

Cinnamon Toast Crunch, Trix, Cocoa Puffs, Lucky Charms, Froot Loops, Cheerios

Choice of Fruit

Seasonal fresh fruits, canned fruit in light syrup, Dried Fruit or 100% fruit juice

Choice of Milk

1% white, fat-free chocolate,



(V) Vegetarian
These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg

(VG) Vegan
These items do not contain any animal products

Your Team
Fran Smith, Food Service Director
856-784-1333 ext. 4132
STE@nsfm.com



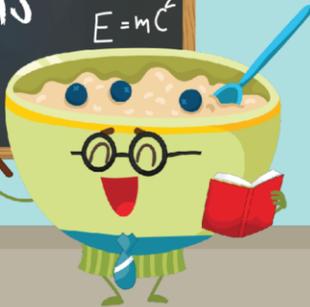
Meal Prices

Student Breakfast	\$2.50
Reduced Breakfast	\$0.00
Faculty Breakfast	\$3.00
Milk	\$0.75



Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

March 2026 LUNCH



**Meet Your Nutritious Friend:
Mr. Oatis**

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Chicken Nuggets <i>Corn Muffin</i> BBQ Chicken Wrap FEATURED VEGGIES Ranchero Carrots	Soft Taco Twins Turkey & Cheese Sandwich FEATURED VEGGIES Corn / L&T Boat	Hot Dog on a Roll Italian Craveable FEATURED VEGGIES Baked Beans	Pancakes & Sausage w/ Syrup Cup Chicken Caesar Salad FEATURED VEGGIES Tater Tots	Pizza Slice (V) Italian Hoagie FEATURED VEGGIES Spinach & Berry Salad
9	10	11	12	13
Chicken Patty On a Bun Ham & Cheese Wrap FEATURED VEGGIES Sweet Potato Fries	Walking Taco Chef Salad FEATURED VEGGIES Sweet Corn	Pretzel Melt Ham & Cheese Turkey&Cheese Hoagie FEATURED VEGGIES Broccoli	Pizza Slice (V) Chicken Caesar Salad FEATURED VEGGIES Cucumber Coins	
16	St Patrick Day	18	19	20
Grilled Cheese w/ Tomato Soup BBQ Chicken Wrap FEATURED VEGGIES Carrot Sticks	Mac & Cheese w/Breadstick Turkey & Cheese Sandwich FEATURED VEGGIES Cheesy Broccoli	Chicken Alfredo w/Garlic Bread Stick Italian Craveable FEATURED VEGGIES Poppin' Peas	Pizza Crunchers Chicken Caesar Salad FEATURED VEGGIES Beanie Bites	Pizza Slice (V) Chicken Caesar Wrap FEATURED VEGGIES Mixed Veggies
23	24	25	26	27
Hot Dog on a Roll Ham & Cheese Wrap FEATURED VEGGIES Baked Beans	Walking Taco w/Breadstick Chef Salad FEATURED VEGGIES Sweet Corn	Chicken Patty On a Bun Turkey&Cheese Hoagie FEATURED VEGGIES Green Beans	Cheeseburger on a Bun Chicken Caesar Salad FEATURED VEGGIES Baked Beans	Pizza Slice (V) Ham & Cheese Hoagie FEATURED VEGGIES Cucumber Coins
30	31	March 21st		
Chicken Tenders w/ Buttermilk Biscuit BBQ Chicken Wrap FEATURED VEGGIES Sweet Potato Fries	Rotini & Meatballs w/ Bread Stick Turkey & Cheese Sandwich FEATURED VEGGIES Green Beans			

What is a Meal?

Students must choose at least 3 of the 5 components available for the school lunch price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Vegetable
- Choice of Fruit
- Choice of Milk

A minimum 1/2 cup serving of fruit or vegetable must accompany a reimbursable lunch.

Choice of Vegetable

Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables

Choice of Fruit

Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

Choice of Milk

1% white, fat-free white, fat-free chocolate, fat-free vanilla, fat-free strawberry

Daily Alternates

- Fresh Entree Salad of the Week
- Craveables
- Weekly Cold Cut Sandwiches & Wraps



(V) Vegetarian
These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg

(VG) Vegan
These items do not contain any animal products

Your Team

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Meal Prices

Student Breakfast	\$3.50
Reduced Breakfast	\$0.00
Faculty Breakfast	\$3.00
Milk	\$0.75



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