



## BREAKFAST

Meet Your Nutritious Friend:  
Whistling Watermelon

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Cinnamon Toast Crunch Muffin  Assorted PopTarts w/ Graham Crackers	Chocolate Chip Muffin  Assorted PopTarts w/ Graham Crackers	Cereal Bar  Assorted PopTarts w/ Graham Crackers	Chocolate Covered Donuts  Assorted PopTarts w/ Graham Crackers	Chocolate Chip Oatmeal Bar  Assorted PopTarts w/ Graham Crackers
8	9	10	11	12
Muffin  Assorted PopTarts w/ Graham Crackers	Chocolate Chip Muffin  Assorted PopTarts w/ Graham Crackers	Cereal Bar  Assorted PopTarts w/ Graham Crackers	Donuts  Assorted PopTarts w/ Graham Crackers	Cereal Bar  Assorted PopTarts w/ Graham Crackers
15	16	17	18	19
Muffin  Assorted PopTarts w/ Graham Crackers	Muffin  Assorted PopTarts w/ Graham Crackers	Cereal Bar  Assorted PopTarts w/ Graham Crackers	Donuts  Assorted PopTarts w/ Graham Crackers	
				

**What is a Meal?**  
Students must choose at least 3 of the 4 components available for the school breakfast price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Fruit or Vegetable
- Choice of Milk

A minimum 1/2 cup serving of fruit or vegetable must accompany a reimbursable breakfast.

**Whole Grain Cereals**  
(served with graham crackers)  
Cinnamon Toast Crunch, Trix, Cocoa Puffs, Lucky Charms, Froot Loops, Cheerios

**Choice of Fruit**

Seasonal fresh fruits, canned fruit in light syrup, Dried Fruit or 100% fruit juice

**Choice of Milk**

1% white, fat-free chocolate,



**(V) Vegetarian**

These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg

**(VG) Vegan**

These items do not contain any animal products



**Your Team**

Fran Smith, Food Service Director  
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**Meal Prices**

Student Breakfast	\$2.50
Reduced Breakfast	\$0.00
Faculty Breakfast	\$3.00
Milk	\$0.75

# June 2026

## LUNCH



Meet Your Nutritious Friend:  
Whistling Watermelon

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>Chicken Nuggets</b> <i>Buttermilk Biscuit</i> Italian Hoagie FEATURED VEGGIES Green Beans	<b>Walking Taco</b> Italian Craveable FEATURED VEGGIES Sweet Corn	<b>Hot Dog</b> on a Roll BBQ Chicken Wrap FEATURED VEGGIES Baked Beans	<b>Chicken Patty Sandwich</b> Chicken Caesar Salad FEATURED VEGGIES Peas	<b>Pizza Slice (V)</b> Turkey Club Sandwich FEATURED VEGGIES Carrot Sticks
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
<b>Chicken Surprise</b> <i>(Fries, Nuggets or Popcorn w/ Goldfish)</i> FEATURED VEGGIES Sweet Potato Fries	<b>Breakfast for Lunch</b> Fr Toast Sticks or Pancakes w/Sausage FEATURED VEGGIES Tots	<b>Big Daddy Pizza</b> FEATURED VEGGIES Green Beans	<b>Cheeseburger</b> on a Bun FEATURED VEGGIES Carrot Sticks	<b>Pizza Slice (V)</b> FEATURED VEGGIES French Fries & Treat

### What is a Meal?

Students must choose at least 3 of the 5 components available for the school lunch price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Vegetable
- Choice of Fruit
- Choice of Milk

A minimum 1/2 cup serving of fruit or vegetable must accompany a reimbursable lunch.

### Choice of Vegetable

Hot vegetable or seasonal fresh vegetables

### Choice of Fruit

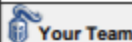
Seasonal fresh fruits or canned fruit in light syrup, 100% fruit juice

### Choice of Milk

1% white, fat-free chocolate,

### Daily Alternates

Cereal Meal



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### Meal Prices

Student Breakfast	\$3.50
Reduced Breakfast	\$0.00
Faculty Breakfast	\$3.00
Milk	\$0.75

**NUTRI-SERVE**  
FOOD MANAGEMENT, INC. - Metts