



May 2026

BREAKFAST



Meet Your Nutritious Friend:
Avocado-do

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Yogurt Parfait w/ Strawberries & Granola Assorted PopTarts w/ Graham Crackers
4 Cinnamon Toast Crunch Muffin Assorted PopTarts w/ Graham Crackers	5 Chocolate Chip Muffin Assorted PopTarts w/ Graham Crackers	6 Cereal Bar Cinnamon Toast Crunch Assorted PopTarts w/ Graham Crackers	7 Chocolate Covered Donuts Assorted PopTarts w/ Graham Crackers	8 Chocolate Chip Oatmeal Bar Assorted PopTarts w/ Graham Crackers
11 Golden Graham Cereal Bar Assorted PopTarts w/ Graham Crackers	12 Chocolate Chip Muffin Assorted PopTarts w/ Graham Crackers	13 Powdered Donut Holes Assorted PopTarts w/ Graham Crackers	14 Chocolate Covered Donuts Assorted PopTarts w/ Graham Crackers	15 Yogurt Parfait w/ Strawberries & Granola Assorted PopTarts w/ Graham Crackers
18 Cinnamon Toast Crunch Muffin Assorted PopTarts w/ Graham Crackers	19 Chocolate Chip Muffin Assorted PopTarts w/ Graham Crackers	20 Cereal Bar Cinnamon Toast Crunch Assorted PopTarts w/ Graham Crackers	21 Chocolate Covered Donuts Assorted PopTarts w/ Graham Crackers	22 Chocolate Chip Oatmeal Bar Assorted PopTarts w/ Graham Crackers
25 	26 Chocolate Chip Muffin Assorted PopTarts w/ Graham Crackers	27 Powdered Donut Holes Assorted PopTarts w/ Graham Crackers	28 Chocolate Covered Donuts Assorted PopTarts w/ Graham Crackers	29 Yogurt Parfait w/ Strawberries & Granola Assorted PopTarts w/ Graham Crackers

What is a Meal?

Students must choose at least 3 of the 4 components available for the school breakfast price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Fruit or Vegetable
- Choice of Milk

A minimum 1/2 cup serving of fruit or vegetable must accompany a reimbursable breakfast.

Whole Grain Cereals (served with graham crackers)

Cinnamon Toast Crunch, Trix, Cocoa Puffs, Lucky Charms, Frost Loops, Cheerios

Choice of Fruit

Seasonal fresh fruits, canned fruit in light syrup, Dried Fruit or 100% fruit juice

Choice of Milk

1% white, fat-free chocolate,



(V) Vegetarian

These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg

(VG) Vegan

These items do not contain any animal products

Your Team

Fran Smith, Food Service Director
856-784-1333 ext. 4132
STE@rafm.com



Meal Prices

Student Breakfast	\$2.50
Reduced Breakfast	\$0.00
Faculty Breakfast	\$3.00
Milk	\$0.75





May 2026

LUNCH



Meet Your Nutritious Friend:
Avocado-do

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Pizza Slice (V) Turkey Club Sandwich FEATURED VEGGIES Carrot Sticks
4 Chicken Nuggets Buttermilk Biscuit Italian Hoagie FEATURED VEGGIES Green Beans	5 Taco Twins Lettuce, Tomato, Cheese w/ Churro Treat Super Fruit Craveable FEATURED VEGGIES Sweet Corn	6 Chicken Patty On a Bun Ham & Cheese Sandwich FEATURED VEGGIES Waffle Fries	7 Pizza Crunchers Chicken Caesar Salad FEATURED VEGGIES Broccoli	8 Pizza Slice (V) Turkey Club Sandwich FEATURED VEGGIES Carrot Sticks
11 Chicken Fries w/ Corn Muffin Turkey Pinwheels FEATURED VEGGIES Sweet Potato Fries	12 Walking Taco Italian Craveable FEATURED VEGGIES Sweet Corn	13 Hot Dog on a Roll BBQ Chicken Wrap FEATURED VEGGIES Baked Beans	14 Chicken Tender Buttermilk Biscuit Chicken Caesar Salad FEATURED VEGGIES Mixed Veggies	15 Pizza Slice (V) Turkey Club Sandwich FEATURED VEGGIES Carrot Sticks
18 BBQ Bacon Cheeseburger Italian Hoagie FEATURED VEGGIES Baked Beans	19 Chicken Quesadilla Filled w/ Chicken & Cheese Super Fruit Craveable FEATURED VEGGIES Golden Corn	20 Chicken Nuggets Corn Muffin Ham & Cheese Sandwich FEATURED VEGGIES Carrot Sticks	21 Pizza Slice (V) Chicken Caesar Salad FEATURED VEGGIES French Fries	22 NO LUNCH
25 MEMORIAL DAY 	26 Hot Dog on a Roll Italian Craveable FEATURED VEGGIES Baked Beans	27 BBQ Chicken w/ Corn Muffin Ham & Cheese Wrap FEATURED VEGGIES Corn on the Cobb Watermelon	28 Pancakes & Sausage Links w/ Syrup Cup Chicken Caesar Salad FEATURED VEGGIES Sweet Potato Fries	29 Pizza Slice (V) Turkey Club Sandwich FEATURED VEGGIES Cucumber Coins
Your Team Fran Smith, Food Service Director 858-784-1333 ext. 4132 STE@nslm.com		Meal Prices Student Breakfast \$3.50 Reduced Breakfast \$0.00 Faculty Breakfast \$3.00 Milk \$0.75		

What is a Meal?

Students must choose at least 3 of the 5 components available for the school lunch price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Vegetable
- Choice of Fruit
- Choice of Milk

A minimum 1/2 cup serving of fruit or vegetable must accompany a reimbursable lunch.

Choice of Vegetable

Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables

Choice of Fruit

Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

Choice of Milk

1% white, fat-free white, fat-free chocolate, fat-free vanilla, fat-free strawberry

Daily Alternates

- Fresh Entree Salad of the Week
- Craveables
- Weekly Cold Cut Sandwiches & Wraps



(V) Vegetarian
These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg

(VG) Vegan
These items do not contain any animal products

